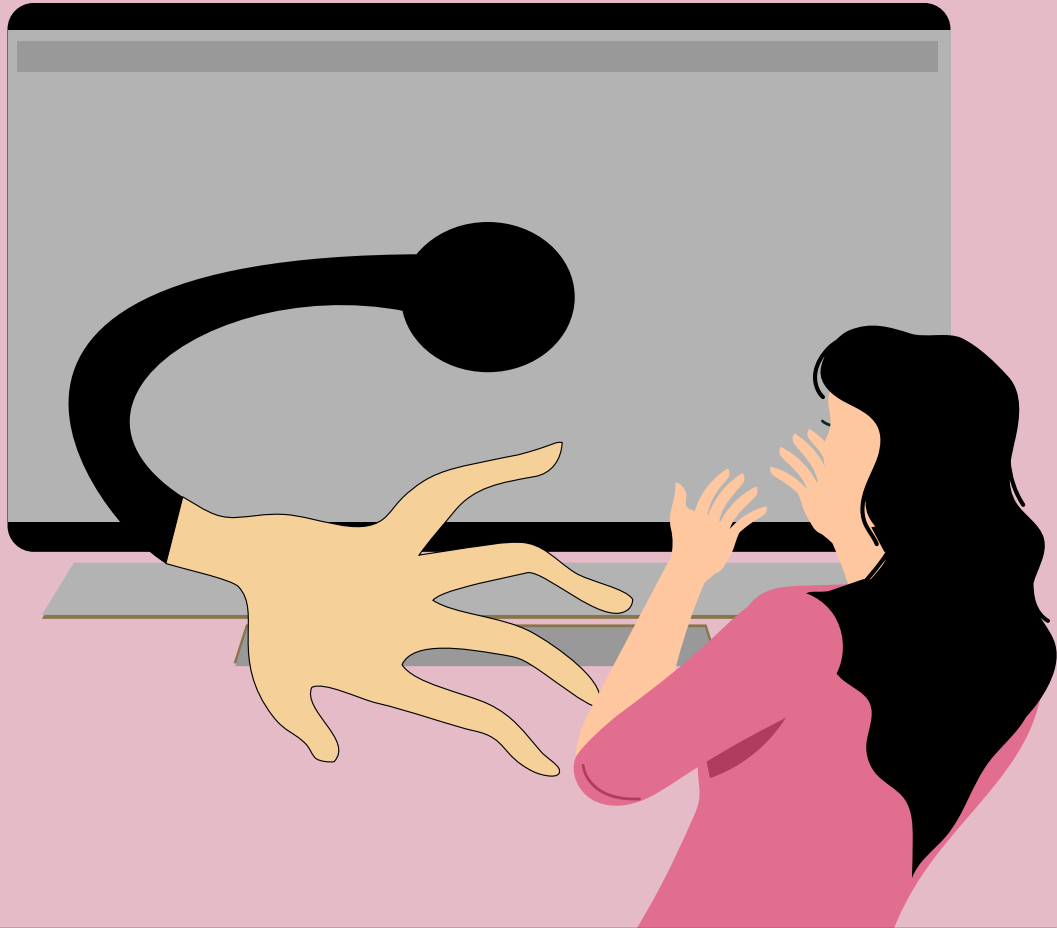




इलेक्ट्रॉनिक्स एवं
सूचना प्रौद्योगिकी मंत्रालय
MINISTRY OF
ELECTRONICS AND
INFORMATION TECHNOLOGY



www.isea.gov.in



Cyber Stalking

What are Cyber Offences?

Cyber offences refer to criminal activities that are committed using the internet or other forms of digital technology whereas Cyber Crimes refers to illegal activities that are committed using the internet or other forms of computer networks.

Cyber Crime and Cyber Offence are terms that are often used interchangeably to describe criminal activities that occur on the internet. For example, cyber offences could include hacking into a computer system without authorization, stealing personal information, or distributing illegal content online.

These types of crimes can have a wide range of negative consequences, such as financial loss, damage to reputation, and invasion of privacy. It's important to take steps to protect oneself from cyber offences, such as using strong passwords and being cautious about sharing personal information online.

Cyber Stalking

What is it ?

A cyberstalker makes use of internet and electronic means to monitor your online activities and track your whereabouts to harass, intimidate, embarrass, accuse, threaten, commit identity theft or malware attack.

The cyberstalker starts harassing you anonymously using online means like your email, social networks, instant messaging etc.,.They can intrude on your privacy and can track your physical location and cause harm. They can take control of your online accounts and can spread false rumors about you online.



Why should we be concerned ?

Cyber stalking can not only be disturbing and stressful but it can also put you in danger of being attacked by the stalker either online or offline.

Modus Operandi



The victim is constantly monitored online through their social media accounts and sometimes physically too, by the stalker.

The victim may receive unsolicited mails/posts/comments/messages/calls from the stalker

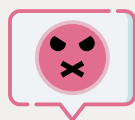
The stalker may try to create threat in the mind of the victim

The victim is constantly harassed with obscene posts/images/threats etc., by the stalker

Few pointers / warning signs of Cyber Stalking



Frequent and multiple messages over a period of time



Posts with inappropriate content and has details of your whereabouts or personal aspects



Sending repeated emails



Constantly following you over your social media

Security Tips

- Save the screen shots of the online messages, comments, conversations or communication as proof to support your claim or complaint with relevant evidence.
- Make a note of the persons mobile number and other details of the suspect or culprit.
- Refer to the information given on the site cybercrime.gov.in related to various cybercrimes and related evidences to be submitted for the same.

How can you safeguard yourself against cyberstalking ?

Cyberstalking can cause extreme mental distress and can cause post-traumatic stress disorder because of the harassment of the stalker, hence it is important that you know about measures to protect yourself.



It is always better to restrict the privacy setting on social media account within your family & known friends.
<https://www.facebook.com/help/>;
<https://help.twitter.com/en/>;
<https://help.instagram.com/>



Always disable your GPS from your device if you are not using it. go to settings > location/GPS > disable location.



Always check the authenticity of the person on social media before accepting a friend request.



Never share your personal information, photos or videos with an online friend and restrict posting all your details or updates on social media platform.



Always be alert about the online comments posted on your photos or any activities, if you feel that the comments are being sent from an unknown/anonymous person immediately block them.



Also disable your location on your social media account.

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